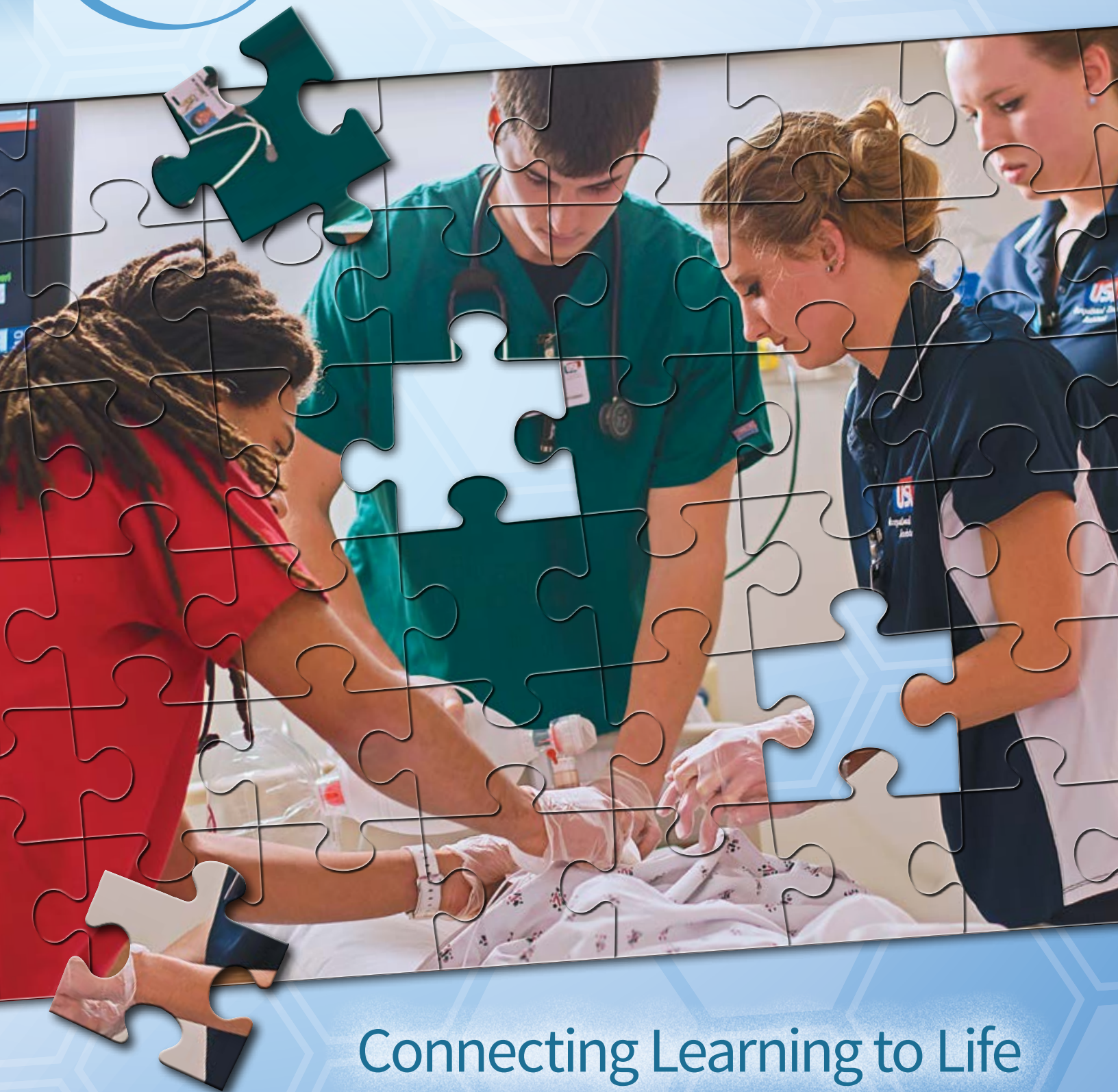


University of
Southern Indiana

SPRING 2014

Synapse

College of Nursing and Health Professions



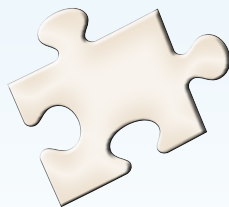
Connecting Learning to Life

Letter from the Dean



Helen Keller once said, “Alone we can do so little; together we can do so much.” Her words ring true with so much of what we are doing here in the College of Nursing and Health Professions. Our College is strong and has built a great reputation because of the many positive collaborative relationships we have established over the years. We are blessed with not only generous benefactors—who donate funds for our academic programs and student scholarships—but also volunteers who give of their time and expertise. Each year, I’m astounded at the

number of hours that are donated by members of our community who serve on advisory boards or as teaching partners in a variety of clinical healthcare settings. You will read more about our many donors throughout this issue. Case in point: the Dedicated Education Units (DEUs) at both Deaconess Healthcare System and St. Mary’s Medical Center that are highlighted in this issue of *Synapse*. Every employee on the unit comes together with our faculty to make the clinical experience for USI students second to none. We have successful programs with students and faculty achieving amazing things because of all the people who generously give money and in-kind donations, who are willing to share their wisdom, and who patiently mentor students. There are many ways to give to the College of Nursing and Health Professions. Please know that every scholarship, every donation, and every hour of time given to advance our students’ education is very much appreciated.



Ann White

Dr. Ann White
Dean, College of Nursing and Health Professions

Synapse

College of Nursing and Health Professions

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On the cover

Code Blue scenario in the College of Nursing and Health Professions' Clinical Simulation Center that involves four students from three departments. (left to right) Christopher Monroe, BSN; Jordan Meece, Respiratory Therapy; Jordan Sander, OTA; and Katrina Mehringer, OTA.

Photo by Christine Thompson

University of Southern Indiana is an affirmative action/equal employment opportunity institution.



DEUs prove great fit for USI[™] and local hospitals

Although the data of a survey by the American Association of Colleges of Nursing (AACN) has yet to be officially released, results indicate that low enrollment in entry-level baccalaureate nursing programs is due to “a shortage of faculty and clinical education sites.” The 610 nursing programs in the United States filled to capacity in 2013, and were forced to turn away 53,667 qualified applicants. The AACN officials contend that universities must find “successful and creative ways to expand the nursing student population” to meet community needs for strong, well-educated nurses, now and in the future.

Local hospital administrators and educators in USI’s College of Nursing and Health Professions are addressing these needs with a clinical education partnership. USI and Evansville’s two hospitals first piloted the Dedicated Education Units (DEUs) in early 2013 at the St. Mary’s Medical Center Renal and Diabetic Unit (6 West), and at the Deaconess Hospital Oncology-Pulmonary Care Center (Unit 5100).

“The DEU is an innovative approach to healthcare education, and our model is one of the first of its kind in Indiana,” said Dr. Ann White, dean of the College of Nursing and Health Professions. “It demonstrates a unique collaboration between our programs and area acute care facilities that allows USI to provide even more clinical experiences for its students. It also exemplifies the fact that giving to USI can take many forms. With the DEU, USI students benefit from the many gifts of time and expertise from our local hospitals.”



St. Mary’s clinical teaching partner Abby Wright and USI nursing student Christine Willoughby (junior) develop a plan of care for their patients. The opportunity to discuss prioritization and personalization of nursing care promotes critical thinking, a necessary nursing skill.

Susan Seibert, clinical assistant professor of nursing and one of two DEU liaisons, defined a DEU as a medical unit that’s dedicated to only one nursing program, where the whole unit strives to provide a learning environment by actively engaging students in patient care. The concept was developed in Australia in the late 1990s and launched in the United States in 2003 at the University of Portland in Oregon. Seibert was part of a *task force** that studied the Portland Model and similar programs before bringing it to USI.

Students working in DEUs can be scheduled on the unit 24 hours a day, seven days a week, to help increase clinical capacity. They’re paired with Clinical Teaching Partners (CTPs)—nurses who have completed additional instructional courses—and each is assigned two students for a clinical rotation period of four to six weeks.

CTPs ensure students complete specific tasks, allowing USI faculty more time to evaluate students, and discuss with them the connections between patients’

conditions, medications, diagnostic testing, and nursing interventions.

"In the DEU, USI faculty liaisons are on the unit daily," said Dr. Jennifer Titzer, clinical assistant professor of nursing and the other DEU liaison. "We provide support and mentor the CTPs in their teaching role, as well as interact with the students. Faculty are still ultimately responsible for evaluation of student performance, and we spend considerable time on the DEU coaching critical thinking."

Angie Stroud, department manager for Deaconess Unit 5100, understands the reality of the looming nursing shortage and explained how the units and teaching partners make a difference. "A successful DEU enables the unit to accommodate more students and increase the enrollment in the programs," she said. "Plus, when students have more realistic clinical experiences and successful relationships with their CTPs, they're building connections that will last throughout their careers."

Seibert said that USI wouldn't have been able to implement the model without the time and dedication of everyone who works on a DEU: nurses, therapists, technicians, social workers, dietitians, and unit secretaries. "They all know our students by first name and view them as part of the team," she said. "Our students are deeply immersed in the concepts we discuss in class when they're

part of the DEU environment because the staff is aware of class content and can provide learning opportunities that help the students apply their knowledge."

USI adopted a model of collaboration that Seibert compares to the adage, "it takes a village to raise a child." "On the DEUs, the nursing program and the hospital work together, investing in future nurses."

USI provides an eight-hour educational workshop for the CTPs. It covers methods of clinical teaching, an overview of USI's nursing curriculum, and an in-depth discussion of each course's objectives and assignments. The workshops familiarize the teaching partners with the students' abilities and goals while in clinical rotation. CTPs practice methods of clinical teaching during the workshop with students in simulated situations.

"There is a commitment at the unit level that flows from hospital administration to the staff to make the DEUs work," said Seibert. "The hospitals pay for their nursing staff to attend workshops at USI, and allow them to have time in their workdays to instruct students. Add to that the textbooks and equipment the hospitals have purchased, such as computers and iPads. This is a financial investment, and it's greatly appreciated here at USI."

"These units are optimal learning environments for both students and healthcare teams," said Cara Huebner, nurse manager at St. Mary's 6 West Unit. "They allow

students to learn from an experienced nurse, and the nurse to stay up on current practice. By pairing two students with a nurse, they get a realistic view of nursing. They stay the entire shift and experience everything from the bedside report at the beginning to the shift hand-off at the end. I personally have seen an increase in student interest in employment on our unit after participating in the DEU."

In nearly all cases, patients receive the biggest rewards from implementing the model. "We have experienced an improvement in our patient satisfaction scores since the implementation of the DEU at St. Mary's," said Huebner.

Stroud confirmed there've been similarly improved scores at Deaconess. She said every four to six weeks, she looks forward to meeting a new group of students from USI. "Being a CTP gives the nurses a sense of pride that we are teaching future nurses. The unit is very educationally focused. We love having the students!"

**Dr. Ann White, Dr. Connie Swenty, assistant professor of nursing and chair of Bachelor of Science in Nursing Program, and Dr. Jeri Burger, associate professor of nursing and chair of RN Completion Program*



USI DEU student Lynda O'Daniel (senior) and Deaconess Clinical Teaching Partner Caitlin Miller, BSN, RN, observe as USI student Andrea Frankenberger (senior) draws medication from a vial.

The CTPs provide real-time feedback, assisting students to become proficient in skills such as safe medication administration.

Skid Row survivor puts human face on homelessness

When Terri “Detroit” Hughes, dressed in a black shirt with braids down to her thighs, stood in front of more than 400 USI students, representing disciplines across campus, she did so as the face of homelessness. The Evansville native and extra in the film *The Soloist* was the keynote speaker at the second annual USI Symposium on Homelessness. She shared her remarkable story of surviving seven years on Los Angeles’ Skid Row, and her struggles to overcome homelessness and mental illness. She has turned her life around from being a homeless, 88-pound woman addicted to drugs and suffering from depression and mental illness, to a passionate advocate who travels the country speaking on issues of homelessness, poverty, mental illness, and drug addiction.

Homelessness is an increasing problem locally and nationally, affecting women and children the most. The symposium is aimed at preparing future USI students who will deal with the needs of this growing population once they graduate and enter the workforce.

“Public higher education was created to serve a higher good, and that is what every one of you, no matter what your field of study, is doing here,” said President Linda L. M. Bennett. “You are looking beyond your narrow field of focus, and you are seeing the connections across multiple other fields, for what will be a greater good.”

The Symposium on Homelessness grew out of an effort begun by Destination Home in 2004 to end homelessness in Vanderburgh County.

“In addition to raising awareness in the community, we also want to educate students at USI about the needs of this group of people they most likely will encounter in their careers as teachers, doctors, nurses, social workers, etc.,” said Julie St. Clair, clinical assistant professor of nursing and chair of the symposium committee. “Knowing something about the challenges homeless men and women face every day will help our students know how to best care for them.”

During her presentations, Hughes explained the difference between being homeless and living in homelessness. “Homelessness has nothing to do with having a roof over your head,” she said, explaining being homeless (having housing issues) is a condition, but that homelessness is a disease. She said that people who live in chronic homelessness are lacking in one of three areas: mental, physical, and/or spiritual, and that if caregivers look at only the physical issue of not having adequate housing, they may be missing other “co-occurring” disorders such as drug addiction and mental illness that often factor into homelessness.

Hughes speaks from personal experience. Born in Evansville, she was adopted and raised in California by two working parents in what she called a “nice home.” Despite the fact she had all her physical needs met growing up, she was “living in homelessness.” She struggled with untreated depression and anger issues even as a married adult with children.

The major life event that caused her to break down was learning her father had died, leading her further down a road paved with mental illness, drug addiction, and eventually the restlessness and chaos of Skid Row.

To learn to deal with problems associated with homelessness, Hughes advised student to accept people as they are and to be human rather than clinical. “As you are dealing with your clients, that acknowledgement goes a long way,” she said. “At first they are going to feel like you are part of their problem. They will be very resistant, very angry. Meet people where they’re at. Don’t meet them with that text book.”



Terri “Detroit” Hughes

The event was sponsored by the Office of the Provost, College of Nursing and Health Professions, Pott College of Science, Engineering, and Education—Teacher Education, the College of Liberal Arts—Social Work, and the IU School of Medicine—Evansville Campus.

In addition to Hughes, students also heard presentations from Luzada Hayes, executive director of Aurora; Bettye Poole, homeless student liaison at Evansville-Vanderburgh School Corporation; Wyeth Hatfield, director of social work/outreach at ECHO Community Health Care; and Dr. Thomas Stratton, family medicine physician at the ECHO John Street—Woodson Homeless Health Clinic.

Watch Mike Fetscher's video interview with Terri “Detroit” Hughes at health.usi.edu.

USI and HOLA join forces for a healthier community

The College of Nursing and Health Professions recently opened its third Community Health Center at Lodge Community School in Evansville, serving a need within the Hispanic community. USI has partnered with Hospitality and Outreach for Latin Americans (HOLA), a non-profit organization in Evansville, with a goal of enhancing appreciation of cultural diversity and promoting the successful inclusion of Latinos in the community. Karen Brossman, a bilingual nurse practitioner, was hired to serve the new center.

“After two years of successfully offering primary care services at our two nurse-managed community health centers (Glenwood Leadership Academy and Cedar Hall Community School), I am pleased that we are now able to add a third center at the Lodge school,” said Dr. Ann White, dean of the College of Nursing and Health Professions. “I’m also pleased that we are partnering with Evansville Vanderburgh School Corporation (EVSC) and HOLA to serve all individuals, especially the Latino population in the area.”

The three USI community health centers are the result of a five-year \$1.2 million grant from the Health Resources and Services Administration at the U.S. Department of Health and Human Services. The grant was a collaborative effort between USI, EVSC, St. Mary’s Health System, and Southwestern Behavioral Healthcare, Inc.

The centers provide primary healthcare services to neighborhood residents, including students and families. USI undergraduate and graduate students in nursing, respiratory therapy, occupational therapy, food and nutrition, social work, dental, and health administration deliver services to patients and neighborhood residents.

“We are excited to partner with USI to have this third health center available for our families and neighborhoods,” said Cathlin Gray, EVSC associate superintendent for family, school, and community partnerships. “Now these families will have access to a familiar place to see medical professionals for the medical help they need. Children who do not feel well often do not perform well in school. Our goal through this partnership is to create a community of individuals healthy and ready to learn.”

Faculty honored for outreach efforts in Hispanic community



Hoebeke

Dr. Roberta Hoebeke, professor of nursing, received the 2013 HOLA Leadership Award. She has written grants and partnered with the non-profit organization for the past four years to promote health in our community and, with the help of her students, offered health screenings and physical examinations during Saturday health fairs at Nativity Church.

“As a result of these partnership efforts, 1,200 participants from the Hispanic community have received services since the inception of the health fairs,” she said. “More than 250 USI students from multiple health disciplines—including nursing, occupational therapy, social work, and respiratory therapy—have engaged in providing health screening services.”

Hoebeke teaches full-time at USI and practices part-time as a family nurse practitioner in Evansville. She said she “looks forward to continuing the partnership with HOLA while helping students achieve cultural competence, especially within the Hispanic community.”

Two take dental leadership roles in national association



Bartek



Coan

Jennifer Bartek, clinical assistant professor of dental hygiene, and Lorinda Coan, assistant professor of dental hygiene, were elected to leadership roles in the Section of Dental Hygiene Education within the American Dental Education Association (ADEA). Bartek was selected as section secretary, and Coan is now the 2014–2015 section chair. The mission of ADEA is to lead individuals and institutions of the dental education community to address contemporary issues influencing education, research,

and the delivery of oral health care for the public. The theme of the 2014 ADEA Annual Session & Exhibition, in which Coan was a presenter, explored the neuroscience and neuropsychology of learning, including understanding learning disabilities and the implications of new technologies on the future of learning and teaching.



College of Nursing and Health Professions Honors Day



1. David Lanham, Radiology – L. Ray Stewart M.D. Memorial Scholarship **2.** Pamela Head, Diagnostic Medical Sonography, with Deanna and John Bullock – Andrea K. Bullock Memorial Scholarship **3.** Kayla Magill, Dental Assisting, with Marsha and John Tweedy – Cheryl Hay Warren Family Scholarship **4.** Chelsea Hughes, Respiratory Therapy – Betty Fordice Rice Scholarship **5.** Cierra Collins, Health Services, with Jim Sanders – Roy W. and Adelaide Daudistel Sanders Scholarship **6.** John M. Lawrence '73 with Nursing students Samantha Kilbane (left) – Carolyn Stucki RN BN MSN Scholarship, and Stephanie Wilkerson (right) – Melissa Faye Lawrence Endowed Memorial Nursing Scholarship **7.** Mike and Zadie Whipple with Nursing students Amanda Brandon (left) and Madalynn Alexander (right) – Donald and Ruth Whipple Memorial Scholarship

Palladinos' past spurs support for range of students



Joe and Marie Palladino

Husband and wife Joe and Marie Palladino took different routes to gain their educations—he attended college in 1964 and earned a doctorate in general-theoretical psychology, while she worked toward a bachelor's degree in psychology for more than a decade. Despite their circuitous paths, both are dedicated to helping others reach their dreams and have established two scholarships at USI: the VJAE Nursing Scholarship Endowment and the Palladino Family Scholarship.

The VJAE Nursing Scholarship, named after their four grandchildren—Victoria Marie, Jillian Caitlyn, Alexander James, and Elizabeth Lauryn—is for deserving non-traditional students majoring in nursing at USI. Marie knows the importance of scholarships to students 25 and older, having been one herself. “I know older people who have already entered the

workforce have a difficult time affording college,” she said.

The Palladino Family Scholarship is given to an entering freshman who is a graduate of F. J. Reitz High School (their daughters went there) and was involved in the high school's music program. Joe was the son of an Italian immigrant who arrived at Ellis Island in 1924, and was the first person in his family to earn a college degree. “My dad would be proud, but he would be even prouder of a scholarship named in his honor,” he said.

Education is paramount to the Palladinos, who both taught at USI. Joe, professor emeritus of psychology, and Marie came to USI in 1981 when they relocated to Evansville to establish his teaching career. Marie sought to earn her own degree, and graduated from USI in 1985 with a bachelor's degree in psychology. She has since completed the RN to BSN program in 1990, earned her master's degree from the University of

Evansville, and plans to graduate in May 2015 with a doctorate in nursing practice from USI's College of Nursing and Health Professions.

A passionate practitioner of healthcare, Marie is equally dedicated to education beyond establishing scholarships. She was an instructor in the College of Nursing and Health Professions, and a student advising and recruitment coordinator. The formation of the College's Student Advising Center is something she was excited to see happen, because she advocated for it when she worked at USI.

“Marie worked with students at all levels and was always willing to talk to and help any student at any time,” said Dr. Ann White, dean of the College of Nursing and Health Professions. “I greatly appreciate her dedication to nursing, her compassion for her patients, and her continuing efforts in support of USI.”

Marie has practiced in the clinical field for more than 40 years, working primarily in acute care. She is licensed in four states and is currently the west regional manager of Hospice of Cincinnati. “I see the high quality of nurses graduating from USI, and I know scholarships are important to help us continue that tradition,” she said.

Joe and Marie are grateful for the lives they've been able to achieve. “I wouldn't be in the position to teach without scholarships and fellowships from my *alma mater*,” he said. His entire education, from prep school to doctorate, was covered by grants. “As we have an ability to share, we share,” Marie said. “It's a privilege to give back to the University that gave so much to us.”

The Palladinos daughters, Karin, an attorney, and Sharin, a school psychologist, have five post-baccalaureate degrees between them. “What a difference a few generations can make,” Joe said.

To support scholarships at USI, visit online at
usi.edu/giving/scholarships

AWARDS Awards Awards Awards Awards Awards



International Speakers Exchange Award

Cook

Joy Cook, clinical assistant professor and clinical coordinator for the radiologic and imaging sciences program, was selected

as one of two speakers for the International Speakers Exchange Award for 2014 by the American Society of Radiologic Technologists. This is a competitive selection process, and one award recipient presents in England and one award recipient presents in Canada. In June 2014, she will travel to England to present her work on Magnetic Resonance Imaging and thermal injury. She will present a second lecture, "Teaching, Technology and Classroom Engagement" in the United Kingdom Radiological Congress' education series.

Outstanding Academic Advisor Awards

Cook also was one of five 2014 winners of the USI Outstanding Academic Advisor Awards. They are nominated by students or faculty and chosen by the Faculty Senate's Faculty Awards for Service, Teaching and Research Committee. Criteria include strong interpersonal skills; availability to advisees, faculty, or staff; frequency of contact with advisees; appropriate referral activity; use and dissemination of appropriate information sources; caring, helpful attitude toward advisees, faculty, and staff; monitoring of student progress toward academic and career goals; and mastery of institutional regulations, policies, and procedures. The honor comes with a \$1,000 award, taken as a stipend or as professional development funds.



Titzer

Excellence in Advancing Nursing Practice Award

USI alumna **Dr. Jennifer Titzer**, assistant professor of nursing, is the 2013 winner of the American Association of Colleges of Nursing (AACN) Excellence in Advancing Nursing Practice Award for an outstanding capstone from a student in a Doctor of Nursing Practice (DNP) program.

She received the award at the AACN's National Doctoral Conference, held this past January in Naples, Florida. Titzer was nominated for the award by Dr. Maria Shirey, her faculty mentor and a former USI associate professor of nursing.

Titzer graduated with a DNP from USI in 2013. In her capstone project she developed and implemented a model for strategic succession planning for the chief nursing officer in a large hospital system.

She also was recently accepted as a participant in the Nurse Faculty Leadership Academy (NFLA) developed by Sigma Theta Tau International honor society of nursing in partnership with the Elsevier Foundation. The objective of the NFLA is to enhance the personal leadership development of new nurse faculty in order to promote faculty retention and cultivate high performing, supportive work environments.

Faculty Development Awards

This award is chosen by the Faculty Affairs Committee. The next application and award cycle will be Fall 2014.

Dr. Gabriela Mustata Wilson, assistant professor of health services administration, project title is "Prepare for Healthcare's Future with Data Analysis."



Wilson

Susan Seibert, clinical assistant professor in nursing, project title is "Indiana Dedicated Education Units (DEUs)."



Seibert

Major as Home grants



Elkins



McCullough

Dr. Ethel Elkins, assistant professor of health services, and **Dr. Julie McCullough**, associate professor of nutrition, received a Major as Home grant from the Office of the Provost to further expand student knowledge of and participation in

nutrition and health professions practicums/internships. The grants are intended to increase recruitment, satisfaction, and retention for both USI students and faculty.

The Health Services and Food and Nutrition programs have a combined total of just over 550 active students. The grant allows both departments to work collaboratively.

Grant money allowed them to update the website, develop handouts and brochures, print posters advertising the information sessions, and purchase food for information sessions.



Ehlman

Dr. Katie Ehlman, assistant professor of gerontology, received a Major as Home grant to host a welcome reception for athletes age 50 and older who are participating in the Indiana State Games. The Indiana State Games—Fit and 50! is the new name for what was previously known as the River City Games, the longest running community event in the history of SWIRCA & More. Because it is a qualifying event for the National Senior Games, the Indiana State Games will attract

not only regional athletes from Evansville and the Tri-State, but also competitors from across Indiana and neighboring states. Anyone age 50 and older can participate in any of the 25 events (many will be held on USI's campus), ranging from competitive to recreational, including swimming, track and field, shuffleboard, pickleball, bowling, tennis, table tennis, cycling, golf, and basketball.

Staff Achievements

Yvonne Beavin '98, college administrative associate, and **Kim Sullivan**, senior administrative assistant for undergraduate nursing, have completed a year-long USI/ Development Dimensions International Certificate in Leader Excellence.



Beavin



Sullivan

Three named to state nursing posts

Indiana Center for Nursing (ICN) has named **Dr. Ann White**, **Cherona Hajewski**, and **Kimberly Harper** to leadership roles in 2014–2015. The new 2014 president is Ms. Hajewski, vice president of Patient Care Services and Chief Nursing Officer at Deaconess Hospital, Inc., in Evansville. She is currently a Doctor of Nursing Practice student at USI. President-elect (president for 2015) is Dr. White, dean of the College of Nursing and Health Professions. She has served on the board for the ICN for two years. USI alumna Kim Harper has been the executive director for the ICN since its inception in 2011. She was recently named president of the board of directors for the National Forum of State Nursing Workforce Centers, which focuses on addressing the nursing shortage within states and contributes to the national effort to assure an adequate supply of qualified nurses to meet U.S. health needs.

USI students form HOSA—Future Health Professionals chapter



Officers of USI's newly formed HOSA chapter are, front row: Shelbie Simpkins, vice president (health services major), and Samara Sullivan, president (health services major); back row: Emily Jackson, treasurer (nursing major); Andee Riddick, historian (nursing major); and Carolanne Pierce, secretary (biology major).

Students pursuing careers in healthcare have joined forces to establish a new campus chapter of HOSA—Future Health Professionals at the USI.

HOSA is a national student-led organization founded in 1976 offering activities to develop future healthcare leaders. It provides students with opportunities to develop leadership skills and qualities, develop critical thinking and problem solving skills, network with healthcare professionals at local, state and national levels, and participate in community service projects.

Shelbie Simpkins, health services major and vice president for USI HOSA, said membership in the organization offers many opportunities for students. "I'm very excited that HOSA continues to broaden my perspective of the healthcare field and bring a variety of opportunities into my education and career," she said. "Most importantly I've learned to never underestimate the power of networking."

University advisors for the USI HOSA chapter include Dr. Richard Bennett, assistant professor of biology; Jane Friona, executive director of Southwest Indiana Area Health Education Center; Jody Delp, director of respiratory therapy clinical education; Karen Parker, assistant professor of nursing; Kim Parsons, program chair of dental assisting; Kristina Walker, academic advisor, College of Nursing and Health Professions; Dr. Frank Ward, program chair of health services; Dr. Ethel Elkins, assistant professor of health services; Dr. Erin Reynolds, assistant professor of health services; and Dr. Gabriela Mustata Wilson, assistant professor of health informatics.

USI programs team up with IceMen

The Food and Nutrition Department, along with the Department of Kinesiology and Sport, teamed up with Evansville IceMen professional hockey players to help them train and monitor their performance.

During two practice sessions, students monitored the players' heart rates to evaluate how well-conditioned they were. Then the IceMen visited USI's Human Performance Lab to have their body composition analyzed by the "Bod Pod," a chamber that uses air volume as opposed to water submersion or skin-fold testing to determine lean mass versus body fat.

"The IceMen are incredibly receptive, and their coach is very supportive of this service," said Beth Young, food and nutrition instructor. "They ask questions, and are realizing that their endurance, stamina, and performance on the ice are all linked to proper nutrition."



Dietetics student Rayne Salyers (left) helps instructor Beth Young (right) review statistics related to a sports nutrition survey completed by the IceMen.

New Hires



Susan Bonhotal
Part-time Instructor
Nursing



Karen Brossman
Nurse Practitioner
USI Community Health
Center at Lodge



Amy Doninger
Administrative Assistant
Food and Nutrition



Tamara Hall
*Senior Administrative
Assistant*
Nursing



Melissa Kraus Warthen
Instructor
Nursing

Health Promotion and Worksite Wellness class approved

The National Commission for Health Education Credentialing, Inc. (NCHCEC) has approved the University of Southern Indiana's continuing education class, Health Promotion and Worksite Wellness Certificate Program, for a total of 20 contact hours for advanced level credit. The course is part of the College of Nursing and Health Professions' office of Online Continuing Education for Healthcare Professionals, under the direction of Karen Jones, RNC, MSN.

"This represents a significant increase from the previous 12 contact hours," Jones said. "We were awarded the increase in

contact hours based on the content and strength of our program. This will enhance our ability to recruit professionals seeking accredited continuing education."

The Health Promotion and Worksite Wellness Certificate Program provides valuable information for human resource professionals, personnel directors, union personnel, employee health nurses, upper-level management, safety department personnel, providers of health care services, insurance industry professionals, and others involved in health promotion and worksite wellness. The 10-week, 60-hour program prepares the participant to assess, develop,

implement, and evaluate a worksite wellness program.

"Employers play an important role in the overall health and well-being of their workforce," Jones said. "Our worksite health promotion course offers all the tools necessary for employers to design a program that utilizes a wide range of wellness initiatives."

The next offering of the Health Promotion and Worksite Wellness Certificate Program will be September 15, 2014. For more information or to register, visit www.usi.edu/health/certificate-programs.

Health Informatics Tri-State Summit

Artist and keynote speaker Regina Holliday presented at USI's Health Informatics Tri-State Summit (HITS), sponsored by the College of Nursing and Health Professions. Holliday is a patient rights advocate whose artwork has been part of the national healthcare debate. Backed by her own patient and caregiving experiences, Holliday travels the globe with

her message of patient empowerment and inclusion in healthcare decision making. At USI's HITS, she listened in on the other speakers' sessions, and brought to life the health information technology topics being discussed with her original painting, titled "The Web We Weave." She donated her painting to the College.



Regina Holliday works on her painting, "The Web We Weave"

Jennifer Berry named Distinguished Nursing Alumna



Berry

Jennifer Berry '04, adult health nurse practitioner with Community Hospital Oncology Physicians in Indianapolis, is the 2013 recipient of the USI Distinguished Nursing Alumna award. The award recognizes a graduate who has made outstanding achievements in a career or public service.

Berry completed associate and bachelor's degrees in nursing at USI and a master's degree in nursing at Indiana University, Indianapolis. She has worked as an adult health nurse practitioner with an oncology focus since 2008.

"I'm honored to have been chosen for the 2013 USI Distinguished Nursing Alumna Award," said Berry. "The foundation for my career was established during my time at USI. I am blessed to have met such amazing mentors to guide me on my path."

She began work as a registered nurse at Deaconess Hospital before joining the nursing staff at Methodist Hospital in Indianapolis as a graduate student. Her first position as an advanced practice nurse was at Rush University Medical Center in Chicago in 2008. There she was the manager of stem cell transplantation and worked closely with hematology patients, with an emphasis on multiple myeloma and lymphoma.

In her current role as an oncology nurse practitioner with the Community Health Network, she manages various aspects of cancer patients' care, including intravenous and oral chemotherapy, radiation therapy, long-term effects of therapy, and all other

medical management issues associated with oncology treatment in both inpatient and outpatient settings.

"Jennifer is a positive force and advocate for her patients for whom she takes a personal, as well as a professional, interest," said Ann Collison, lead nurse practitioner at Community Hospital Oncology Physicians. "She cares for her patients with the tenderness and the concern she would a member of her own family. We are thrilled to have Jennifer as part of our practice."

In 2010, Berry was named Nurse of the Year by the Chicago chapter of the Leukemia Research Foundation. She also was the 2008 Outstanding Master's Student at the Indiana University School of Nursing. Her volunteer activities include the Susan G. Komen Race for the Cure, American Cancer Society Relay for Life, and Camp Warren Jyrch, a camp for children with hemophilia or other bleeding disorders.

The Distinguished Nursing Alumna Award was presented to Berry at the USI Nursing Alumni Society's annual dinner held at Kirby's Private Dining in downtown Evansville last fall.

Calling all alumni

Send news along with your degree and year of graduation, major, address, phone number, current position, and employer to mtscheller@usi.edu.

2013 CNHP Volunteer Hours

Radiological Clinical Instructors



9,312 hours

Nursing Clinical Teaching Associates



72,578 hours

Dental Hygiene Program



285 hours

Occupational Therapy Assistant Preceptors



113 hours

Occupational Therapy Preceptors



21,360 hours

Respiratory Therapy Preceptors



8,500 hours



Featured Speaker:
Diana Nyad

Photo by Julie Milligan

At age 64, Nyad completed a 110-mile swim from Cuba to Florida.

Seventh Annual
**Mid-America
INSTITUTE**
MAIA on Aging

Thursday and Friday
August 14 and 15, 2014



Also featuring:



Teepa Snow
MS, OTR/L, FAOTA

Speaking on "Making Moments of Joy:
It's What You Choose to Do
as a Caregiver"



Mimi Guarneri
MD, FAGC

Speaking on "Natural
Approaches to
Prevention of Disease"



Breeda Miller

Speaking on "Finding your
Funny Sauce in the
Caregiver Sandwich"

Co-providers:



Conference location: University of Southern Indiana
For more information call 1-800-467-8600 or go to health.usi.edu.

Nursing and Health Professions Continuing Education

2014 Workshops and Conferences

- 20th Annual Midwest Care Coordination Conference, May 7
- 16th Annual Advanced Practice Nursing Symposium, May 9
- 31st Annual Institute for Alcohol and Drug Studies (IADS), May 15–16
- 7th Annual Mid-America Institute on Aging, August 14–15
- 11th Annual Pharmacology Update for Advanced Practice Nurses, September 26
- Dental Ethics and Legal Issues, September 27
- PEP Rally: A Perinatal Conference, October 8
- 19th Annual Nursing and Health Professions Educator Conference, October 22
- Healing Touch Workshop, October 25–26
- Pulmonary Fibrosis Symposium, November 12
- Trauma Conference, November 14–15

2014 Certificate Programs (online continuing education)

- Anticoagulation Therapy Management, seven weeks, begins May 19, July 28, October 13
- Case Management, six weeks, begins August 18
- Clinical Simulation, four weeks, begins September 8
- Diabetes Management, eight weeks, begins August 11
- Health Informatics, seven weeks, begins August 11
- Health Promotion and Worksite Wellness, six weeks, begins September 15
- Heart Failure, five weeks, begins September 22
- Hypertension Management, five weeks, begins July 28
- Lipid Management, seven weeks, begins September 8
- Oncology Management, eight weeks, begins August 18
- Pain Management, six weeks, begins August 4
- Parish/Faith Community Nursing, four weeks, begins September 15
- Stroke Management, six weeks, begins September 15
- Wound Management, six weeks, begins September 22



USI's Radiologic and Imaging Sciences program won first place in the Indiana Society of Radiologic Technologists (ISRT) Quiz Bowl. From left, Claire Tuggle, Alyssa Schutte, and Janessa Sproles, with their coach, Jarrod Brown, pose with the first place plaque and traveling trophy.

Visit health.usi.edu for registration and program information or call:

Workshops and Conferences
812-464-1989 or 800-467-8600
Certificate Programs
812-461-5217 or 877-874-4584

Let the College of Nursing and Health Professions tailor programs to meet the specific needs of your organization.